



Tamworth Memory Cafe Newsletter

**Home Instead Senior Care
Working in Partnership with The Heart
of Tamworth Community Project**

**2019
November
December**

**In Partnership with Sacred Heart Church
Silver Link Road Tamworth B77 2EA
EVERY TUESDAY 10.30 am - 12.30 pm
Close for festive period 24th Dec 2019 Open 7th Jan 2020**

**We are supported by the Alzheimer's Society & Memory services on a
Bi Monthly Basis.**

12th Nov & 3rd Dec Alzheimer's Society Mel Green / Mel Thomas

17th Dec Memory Services Jo Bowden

For further Information Please call Karen 01827 431 002

Here we are Enjoying dancing to the Sunshine Strollers



**We sadly said goodbye to our dear friend Rose you will be
missed .Our thoughts are with the family at this time.
Our Dancing Queen Rose Good Night God Bless ..**



Events Timetable Nov—Dec 2019

Tamworth Memory Cafe

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Please join us for below activities some thing for everyone to enjoy with friends each week

Free tea, coffee, Cake & Biscuits are Available with a lot of Fun & Laughter.
Word search, Puzzles, Speakers & More
Love 2 Move Chair based exercise

5th Nov **Ian to talk and sing songs to**

Celebrate Remembrance Day

12th Nov **Planting Bulbs**

19th Nov **Singing with Lisa & Roger**

26th Nov **Games + Sing a long**

3rd Dec **Christmas card making with the Elves from HISC** (Optional Elf dress wear)

10th Dec **Christmas Party + Games**

16th Dec Pantomime Aladdin (Tamworth Assembly rooms Corporation street B79 7NA) **TICKETS ONLY**

17th Dec **Glascote Academy School** singing songs + Musical Bingo

MERRY CHRISTMAS TO YOU ALL WE LOOK FORWARD TO WELCOMING YOU IN THE NEW YEAR... 7TH Jan 2020

Our Memory Cafe is every Tuesday morning 10.30am 12.30pm

Big Thank you to Sacred Heart for their volunteers who support With our Tamworth Memory Cafe.

At The Sacred Heart Church Silver link Road

Glascote Tamworth B77 2EA

For further information please contact Karen 01827 431 002

Please visit our web site www.homeinstead.co.uk/tamworth